

# **WADO INTERNATIONAL KARATE- DO FEDERATION**

## **Dan Grade Syllabus (2017 – 2019)**

All candidates must possess a valid WIKF Passport (Membership License)

Juniors can grade for 1<sup>st</sup> & 2<sup>nd</sup> Dan only. Juniors taking 1<sup>st</sup> Dan may choose only one Ohyo Gumite, Kihon Gumite and Kata from the grading syllabus. Juniors taking 2<sup>nd</sup> Dan may choose as well only one Ohyo Gumite, Kihon Gumite, Kata and Tanto Dori. Juniors taking senior 2<sup>nd</sup> Dan or senior 3<sup>rd</sup> Dan must first complete the full senior 1<sup>st</sup> or 2<sup>nd</sup> Dan examination.

A grading application fee of £35 will be collected from all applicants prior to the examination.

### **TIME IN GRADE REQUIREMENTS ARE:-**

SHODAN – Regular practice as 1<sup>st</sup> kyu minimum 9 months

NIDAN – Regular practice as Shodan minimum 18 months

SANDAN – Regular practice as Nidan minimum 3 years

YONDAN – Regular practice as Sandan minimum 4 years

GODAN – Regular practice as Yondan minimum 5 years.

Sixth, Seventh and Eighth Dan grades are awarded at the discretion of Sensei Wicks following regular practice and when the respective minimum time in grade requirements of 6, 7, and 8 years are met.

Candidates must wear a clean white Gi, and bring sparring mitts, plus pen and paper for the written test.

### **REGISTRATION OF DAN GRADE-** (Fee payable by successful applicants only)

SHODAN £120, NIDAN £130, SANDAN £140, YONDAN £170, GODAN £200, ROKUDAN £250, SHICHIDAN £300, HACHIDAN £300.

JUNIOR'S – SHODAN £70, JUNIOR'S - NIDAN £90

### **KIHON TSUKI & KERI (ALL GRADES)**

(1) Kette Junzuki

(2) Kette Gyakuzuki

(3) Kette Junzuki no Tsukomi

(4) Kette Gyakuzuki no Tsukomi

(5) Nagashizuki

(6) Jodan Mawashiger1

(7) Chudan Ushirogeri

(8) Surikomi Jodan Sokuto

## **RENRAKU WAZA – (ALL GRADES)**

### **Hidari Hamni Gamae**

#### **IPPONME**

OKURIASHI-URAKEN-CHUDAN—JODAN, GYAKUZUKI-CHUDAN, SURIKOMI-ASHI-BARAI-USHIROGERI, URAKEN- JODAN, GYAKUZUKI-CHUDAN, MIGI-MAWASHIGERI- GEDAN, HIDARI-MAWASHIGERI-CHUDAN.

#### **NIHONME**

TOBIKOMIZUKI-JODAN, GYAKUZUKI-CHUDAN, NAGASHIZUKI-JODAN, MAWATE-URAKEN-JODAN, GYAKUZUKI – CHUDAN, SURIKOMI-MAWASHIGERI-CHUDAN, UCHIASHI-BARAI, GYAKUZUKI-CHUDAN.

#### **SANBONME**

ZENSHINSHITE NAGASHIZUKI-JODAN, GYAKUZUKI-CHUDAN, SURIKOMI-MAEGERI-CHUDAN,(MAEGERI UKE) GYAKUZUKI-CHUDAN, HIDARI-HIZAGERI, MIGI-FURIUCHI-EMPI.

Obviously change for right stance. Migi Hamni Gamae.

**SANBON GUMITE**- all grades up to 3<sup>rd</sup> Dan (4<sup>th</sup> and 5<sup>th</sup> Dan applicants will not do Sanbon Gumite)

Jodan Uke (2 & 3)                      Maegeri Uke (3 & 5)

#### **OHYO/KIHON/IDORI/TANTO/TACHI**

	<b>Ohyo Gumite</b>	<b>Kihon Gumite</b>	<b>Tanto Dori</b>	<b>Idori</b>	<b>Tachi Dori</b>
SHODAN	1 & 3	2 & 4	none	none	none
NIDAN	7 & 8	6 & 7	1 & 3	none	none
SANDAN	4 & 8	5 & 10	4 & 8	3	none
YONDAN	Any two	Any two	5 & 6	5	1 & 5
GODAN (under 50yrs)	Any two	Any two	Any two	Any two	Any two

GODAN (over 50 yrs) will be awarded at Sensei Wick's discretion

#### **KATA**

SHODAN - Naihanchi, Seishan

NIDAN - Seishan, Niseishi + Pinan chosen on day

SANDAN - Seishan, Bassai + Pinan chosen on day

YONDAN - Jion + one advanced kata + Pinan chosen on the day

GODAN - Any two – plus Pinan chosen on day

#### **JIYU KUMITE (all grades)**