



WIKF Sweden

Spring Camp 2014

A short report

May 31 – June 1 2014 Sweden, Täby

FRIDAY

Friday's training began at 18.00 with a special training session for Dan graders.

Later at 19.00 it was time for special training session for brown and black belts. Sensei Wicks focused on Kihon waza, Renraku waza and Kata. Sensei Wim gave us feedback and corrected our techniques pedagogical and patiently as usual. The session ended at 20:50. After that it was time for a written test for Dan graders.



SATURDAY

Registration lines were long in the Saturday morning. The training camp had many visitors from different WIKF connected clubs in Sweden. There were also guests from Norway and Finland. It was a pleasure to have Segundo Lopez, Torill Ervik from Samurai Karate Club in Oslo and Kirsi Alamommo from Vantaa Wado Ryu in Finland.



INSTRUCTORS

Sensei Jon Wicks, 8 Dan,
World Chief Instructor WIKF

Sensei Wim Masee, 7 Dan
Member of WIKF World Technical
Committee

Michael Öberg 6 Dan
Chief instructor WIKF Sweden

Gregg Nordqvist 5 DAN

Luan Krasniqi 5 Dan

Pierre Grönskog 4 Dan

Alf Aggring 3 Dan

Robin Siri 3 Dan

Behzad Golrang 3 Dan

Hans Skoglund 2 Dan

Anders Mattson 2 Dan

Lennart Lindström 2 Dan

...and many other
instructors.





MICHAEL ÖBERG 6TH DAN

Saturday's highlight was when our Sensei and chief instructor was received his 6th Dan from Sensei Jon Wicks. Congratulations Michael.



DAN GRADING

Saturday's training session ended with Dan grading. Pernilla Ramslöv, Behzad Golrang, Jonas Barle and Johan Montén graded to new dan grades. Congratulations!



Pernilla Ramslöv 1 Dan



Jonas Barle 3 Dan



Behzad Golrang 3 Dan



Johan Montén 1 Dan

SUNDAY

Sunday's training began at 09.00. Sensei Jon Wicks went through Kata, Kihon, Idori and Tanto dori. He emphasized on the importance of Zanshin, Kariate and Maii.

The spring camp ended with kyu gradings. After gradings you could see tired but very proud karatekas everywhere.

Now the sun was shining outside. I will remember this training camp for many reasons. I will also remember *'this is wrong'* and *'why like this?'* for a long time. There are *no short cuts* and *no easy way*. The only way is practicing "again" and "again".

Robin Siri June 6, 2014
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