



## Leaders Course 2016

The annual seminar, Leaders Course, is the most important event within the WIKF organisation. The seminar took place on 18-19 June, 2016 at the Lewis Sports Centre, Crystal Palace London. During this seminar black belts from different countries have the opportunity to meet and train with the highest graded WIKF Senseis in the world. It is not every day you have the chance to practice Wado Ryu karate at the same time as senior instructors as Sensei Jon Wicks (8<sup>th</sup> Dan), Sensei Wim Masee (7<sup>th</sup> Dan), Sensei Mathieu Beysen (7<sup>th</sup> Dan) and Sensei Cato Bruarøy (7<sup>th</sup> Dan) just to name a few.



*Sensei Jon Wicks (8th Dan), Sensei Mathieu Beysen (7th Dan) and Sensei Wim Masee (7th Dan)*

This time there were more than 50 karatekas from England, Northern Ireland, France, Denmark, Norway, Sweden, Holland and Belgium. The seminar was led by **Sensei Jon Wicks 8th Dan**, the world chief instructor of WIKF. He was assisted by Sensei **Wim Masee 7th Dan**.





It was a pleasure to see so many people - so different in age and background – gathered together with so much friendship and support. All with white, ironed karate Gi's and almost all with the WIKF badge attached on the Gi. Sensei Jon Wicks explained the importance of having the badge attached on the karate Gi at all WIKF seminars. Hopefully we will see everyone with the badge next year.



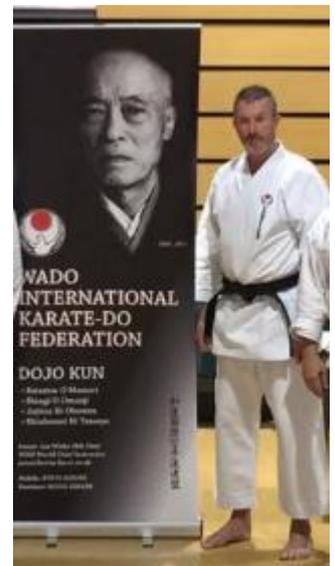
## Training

Sensei Wicks went patiently through some Kihon Wasa, Renraku Wasa, Sanbon Gumite Jodan Uke 2 and 3, Pinan Godan, Bassai and Idori during the seminar. Sensei spent a lot of time to teach us Tai Sabaki, Chikara no Kyojaku, Waza no Kankyu and Kariate. A recurring comment from Sensei was to make realistic attacks while practicing together.

One of the essential goals for the Leaders Course is to unify the way of doing our Kihon-technics, kata and kata-combinations around the world. This is very important for Sensei Wicks. He pointed out several times that countries are not allowed to make any changes.

## Dan Grading

During the seminar a Dan Grading was conducted by Sensei Jon Wicks and Sensei Wim Masee. Congratulations to Robbin Ooms and Robin Verbeek.



*Robbin Ooms (4th Dan) and  
Robin Verbeek (4th Dan)*